

OLYMPIC NATIONAL PARK – APRIL 2017
CLOTHING AND EQUIPMENT LIST

This list is for all participants. Please adjust the number of items based on the number of days staying at Nature Bridge. Please arrive dressed for hiking and with your daypack ready!

Travel Day

- Disposable sack lunch (no peanut products)
- Snacks for AM and PM (no peanut products)
- Water bottle (empty)
- Day pack (see below)
- One piece of luggage not to weigh more than 50 lbs. Check Southwest Airline for specifications.

Required for Hiking Days

- Day Pack (large enough for water bottle(s), notebook, pencil, rain gear, warm layers and bandana)
- Water bottle (at least one hard plastic or metal one-liter water bottle)
- Pen or Pencil
- Rain Gear (rain jacket and rain pants)
- Jacket (insulated layer with a hood)
- Warm hat and gloves
- Extra layers (fleece, long-underwear and long-sleeve shirts for colder days)
- Foot gear (sturdy, ankle-supporting, preferably water-resistant hiking shoes or boots)
- Bandana or cloth napkin for an outdoor lunch place mat
- Sunscreen, sunglasses and sun hat
- Rain cover or large plastic bag to keep your day pack dry
- Personal medications (coordinate with Ms. Doke and attending medical personnel)
- Smaller kitchen size trash bags for wet/dirty clothes (recommend at least two)

Required for Overnight (after 4pm)

- Foot gear (comfortable shoes for free time and back up)
- Base layers (long sleeve shirt and underwear)
- Shirts (bring extra, recommend long sleeve, synthetic/wool)
- Long pants (loose fitting with room for layer underneath)
- Socks (bring 3 more pairs than the number of days you will be at Nature Bridge)
- Underwear
- Pajamas
- Toiletries (soap, shampoo, toothbrush, toothpaste, brush, etc.)
- Bath towel and wash cloth (one bath towel provided)
- Sandals to wear in the shower
- Flashlight/headlamp
- Personal medications (coordinate with Ms. Doke and attending medical personnel)

Optional

- Money for the Nature Bridge Store (all proceeds go towards scholar ships for other students!)
- Money for snacks at the airport (time permitting)
- Camera/Go Pros

Provided

- Bedding (sheet set, pillow and pillow case, comforter, additional blankets, if needed)
- One Bath towel

Note to Parents and Students:

Please do not bring

Extra Food (food is not allowed in the cabins)

Electronics

Anything that would be missed!