



Students in Casts/Braces Participation Requirements and Restrictions

Gym and recess participation for students in casts, hard braces is restricted to protect the safety of the injured student AND the safety of students around them. Additionally, this procedure ensures that in the event of an emergency, the injured students are in a consistent and safe location appropriate for limited mobility.

	ARM CAST / HARD BRACE	LEG CAST / HARD BRACE / BOOT	ARM / LEG WRAP BANDAGE OR SOFT BRACE
GYM	<p>Gym participation OK with:</p> <ul style="list-style-type: none"> Doctor's note specifying permission to participate in gym class <p><u>AND</u></p> <ul style="list-style-type: none"> An approved arm cast/brace protector as specified below. <p>If no note or approved cast protector, student must go to library.</p>	<p>No gym participation or observation allowed. Student must go to library.</p>	<p>Gym participation OK with doctor's note specifying permission to participate in gym class.</p>
RECESS	<p>Recess participation OK:</p> <ul style="list-style-type: none"> Doctor's note specifying permission to participate in recess <p><u>AND</u></p> <ul style="list-style-type: none"> The approved arm cast/brace protector specified below. <p>If no note or approved cast/brace protector, student must go to library.</p>	<p>No recess participation or observation allowed. Student must go to library.</p>	<p>Recess participation OK with doctor's note specifying permission to participate in recess.</p>

APPROVED ARM CAST PROTECTOR

American Academy ONLY allows this specific [arm cast/brace protector](#) (\$79.99) which has been approved by the National Federation of State High School Associations (high standard of safety) for casts and hard braces.

Thumb protector and extra foam is optional.

No substitutions will be allowed.

